

# QUICK GUIDE TO CDC COVID-19 EXPOSURE AND SYMPTOMS PROTOCOLS

Also visit the CDC Website [here](#)

**EMPLOYEES AND STUDENTS ARE RESPONSIBLE FOR SELF ADMINISTERING THESE CDC RECOMMENDATIONS.**

EXPOSURE TO COVID-19	POSITIVE FOR COVID-19 OR SYMPTOMS OF COVID-19
<p data-bbox="109 362 569 394"><b>Regardless of Vaccination Status:</b></p> <p data-bbox="109 431 953 505">Quarantine is not required. Continue to report to assigned work or classes unless you develop symptoms.</p> <p data-bbox="205 542 688 574">Test 5 days from the day of exposure.</p> <p data-bbox="205 586 711 618">Wear a mask around others for 10 days.</p>	<p data-bbox="1062 362 1522 394"><b>Regardless of Vaccination Status:</b></p> <p data-bbox="1159 431 1953 537"><b>Do not come to work or class</b> and contact your supervisor or faculty member if you will be absent from assigned work or classes.</p> <p data-bbox="1159 553 1982 586">Employees must use sick time unless remote work is authorized.</p> <p data-bbox="1159 602 1738 634">If you have not been tested, test immediately.</p> <p data-bbox="1159 651 1990 740">If you are negative, communicate with your supervisor or faculty member regarding returning to work/class as with any other illness.</p> <p data-bbox="1159 756 1745 789">If you are positive, isolate at home for 5 days.</p> <p data-bbox="1159 805 1982 894">If after 5 days you are fever-free for 24 hours without the use of medication and your symptoms are improving, or you never had symptoms, you may end isolation after day 5.</p> <p data-bbox="1159 911 1824 943">Wear a mask around others for an additional 5 days.</p>